SHAC MINUTES

12-7-2022

Lunch

Introductions of 2 students present

Results of Jingle Bell Jog Participation & Winner

 Winner-Collins-2.65% 23 people registered-in last 48 hours they had 18 people register

 Bowie-2.04%, CHS-1.07%

 Thursday before race day, .01% separated top 3 Bowie, Fannin and CHS

Wellness Policy, Plan, Goals and Triennial Assessment

 Discussion of the Wellness Policy and Plan

Wellness Goals:

 Nutrition Promotion

 **GOAL:** The District’s food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings. **DISCUSSION**: Increasing student participation in breakfast. Increase the number of socioeconomic forms

 **GOAL:** The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students. **DISCUSSION**: Menus will contain educational information. Teachers completing breakfast forms correctly. Teachers being a role model for students.

 Nutrition Education

 **GOAL:** The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.  **DISCUSSION:** Share table implemented at each campus. Healthy Eating Curriculum shared with K-5th grade through use of Quaver Ed.

Next Meeting Feb 8