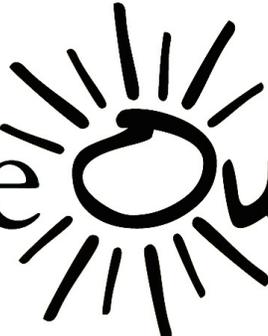


The  Outdoor School
Adventures in Learning
at Camp For All

Chaperone's Packet

Our Mission Statement:

The Outdoor School strives to use the outdoors
to awaken others to the potential within and
around them.

(Please print this on both sides of the paper to conserve.)

Dear Teacher Chaperones:

Thank-you, thank-you for being so dedicated to education that you are willing to sleep (or not sleep!) in cabins with your students. We appreciate you so much, there just aren't enough words to express it.

We're excited that you are about to see your students behave and interact in a way that you perhaps haven't seen in the classroom. We often find that the students who have difficulties within walls excel here... while it isn't generally okay to run around and scream inside, it is here. And that allows those students the chance to learn on "their turf". And it is wonderful to see.

If you have any questions during your trip, please feel free to ask. Open communication is the best way to make sure everyone is satisfied, so we hope that you will feel comfortable talking to us with any questions or concerns during the trip. At the same time, we will communicate with you about anything that arises.

A disclaimer on the topics and requests in this booklet: There may be a few things mentioned here that make perfect sense to you and you may wonder why in the world we would include it. But there are a few schools who bring parent chaperones, and they are not generally involved in the planning of the trip. So there are things that they do not reasonably know or think about. Thanks for understanding that this booklet is "all encompassing" as to include the parent chaperones.

Thank-you again for your dedication and your time. We truly could not do this without you!

We ask that you bring this booklet with you to The Outdoor School. We will review some of it during your Orientation as well as give you additional information. A small portion of this information may not make complete sense until you arrive, but we didn't want to give you two separate booklets... one prior to arrival and one upon arrival.

Dear Parent Chaperones:

Thank-you for giving up your busy lives for a few days to attend The Outdoor School with your children. Please know that we do not take your sacrifice lightly! And we want to let you know about a couple of specific things.

First, know that we will treat you as teachers rather than as parents. What does that mean? If we need a chaperone to go with a team for discipline or for extra help and we find you before we find a teacher, we will ask you to be that chaperone. Thank-you in advance for jumping in where you are needed.

Second, know that the schedule has been carefully planned ahead of time between the teachers and The Outdoor School staff. The teachers have chosen the classes that they want the students to learn and we have built the schedule around their needs. We are more than happy to answer your questions regarding the schedule, should you have any. But if any changes are requested, we will always defer to the teachers.

Third, know that this is a school trip. It is designed to be educational (which is why the name of our program is “The Outdoor School”). Yes, we make the education fun, but because your teachers need to justify the educational purpose of the trip, play time is limited. While we are full of energy and fun, we do take our teaching seriously and believe that our program is an extension of the classroom. And we ask that you think of us in that way too. For example, we know that you would not pull your child out of school to go outside to take a picture or show up with a McDonalds soft-drink for your child only, so we ask that you not do those things here... it can be quite disruptive.

And **lastly**, we ask that you treat your child without prejudice. What we mean by that is that you simply treat your child as one of a group rather than paying special attention to your child. One of the beautiful aspects of this trip is that the students are in a safe place, and it’s a wonderful chance for them to start making some independent decisions away from mom and dad – if you are chaperoning on a 5th or 6th grade trip, for example, the students will be heading off to Middle School next year and this is a perfect place for them to start experiencing some of that independence. If you are staying with your child’s team, we ask that you not “hover”. Allow them the chance to be responsible for their own water bottle; let them make the decision as to whether or not they want a jacket; permit them the chance to face new challenges in their own way. You’ve poured such time and energy into raising them to make good decisions – this is a wonderful place for them to begin exercising that skill.

Again, we thank you for your time spent chaperoning on this trip – we really couldn’t do it without you!

We ask that you bring this booklet with you to The Outdoor School. We will review some of it during your Orientation as well as give you additional information. A small portion of this information may not make complete sense until you arrive, but we didn’t want to give you two separate booklets... one prior to arrival and one upon arrival.

OUR PHILOSOPHIES

Universal Respect:

There is a whole world out there and we are only a small part of it. We want to help the kids to encourage each other to respect each part of the world: each other, themselves, our equipment, nature. We really only have one rule here at TOS and it's to keep to Universal Respect. We find that almost every issue or problem can be avoided or resolved through respect.

Challenge by Choice:

This applies mostly to our Ropes Course and Climbing Wall, although can be applied to areas of other classes (touching a snake in Reptiles, for example). Simply stated, this means that it is your choice how much you want to challenge yourself.

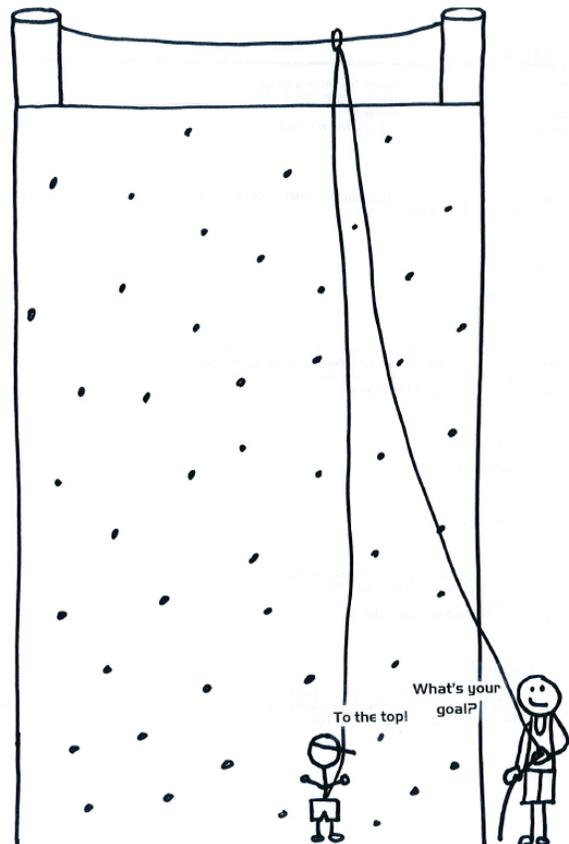
There are two very important words in this philosophy: "Challenge" and "Choice"... both words are critical.

"Challenge":

We do want students to challenge themselves; to step outside their comfort zones and try something that they haven't done before, perhaps something that might be quite scary to them. We want them to stretch themselves to new levels.

"Choice":

It is their choice as to what they can attempt and achieve. Before anyone climbs, we will ask them what their goal is and then do everything we can through encouragement to help them achieve or surpass their goal. The nice thing about it being their goal, is that they can change it to make it more challenging or more achievable.



THE SCHEDULE

You will receive a final schedule with the team roster when you arrive.

The schedule was put together by the lead teacher from your school and our scheduling team. Please know that you will probably not be the only group on our property, and we often have to work groups around each other. We work very hard to make sure that groups are not mixed in activities, so adjustments sometimes need to be made to make this happen. If at any time you have questions about the particulars of your schedule, please feel free to ask – we'll be happy to tell you why your schedule is arranged the way it is.

If we need to make adjustments, we will take into consideration not just your school, but every group on property. Please be patient with us as we work our magic.

All of our activities are an hour-and-a-half long, including the evening activity. If the days are longer (May or September trips), you may have a bit of a break after dinner and before the evening activity begins. It will be up to you to watch your students during those gaps.

What about inclement weather?

Because we are “The Outdoor School” we are prepared to teach outside in all types of weather. Only during extreme or dangerous weather (freezing rain or lightning, for example) do we seek shelter. If we hear thunder or see lightning, we do pull students off of the ropes course and out of the water for safety reasons. We will generally go out of our way to try and make it up for a team that misses out on climbing or kayaking due to weather, but please know that “try” is the operative word in that sentence. Sometimes it is just not possible. There is more on severe weather later in this booklet.



Astronomy and cloudy weather?

We generally make the call on Astronomy during dinner so that we can switch instructors from one night to another if need be (we usually need more staff for Astronomy than we do for Games & Campfire). Sometimes it is the right call, and sometimes it is not. Please be patient with us and forgiving if the clouds miraculously roll back to reveal beautiful skies, but we no longer have the adequate number of instructors to teach. Also know that seeing a star or two does not make a good night for astronomy... we need to be able to see whole sections of the sky in order to see entire constellations, not just individual stars here and there.



WHEN DO WE NEED YOU AND WHAT DO WE NEED YOU TO DO?

Attending Classes:

We do not require you to attend most of our classes, although we like you to because we think you'll enjoy them, we like your feedback, and we think it's good for you to see what your students are learning and how they are interacting with each other. But we realize that you are in the cabins at night, and you may very well need a break from the students. Unless your school specifically requires you to be at all activities, feel free to take that break.

There are a few classes that DO need extra adult help or supervision, however, and we ask for your help in order for your students to be successful (and for us to stay on time!). Those classes are:

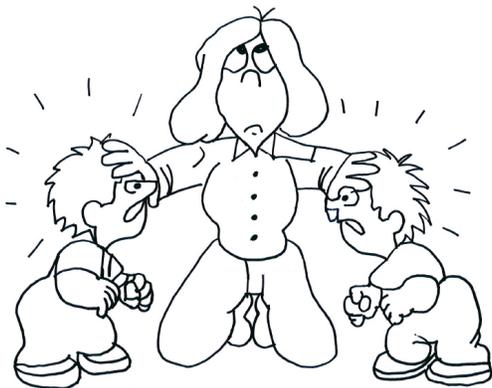
- Kayaking
- Campout
- Zipline
- Giant Swing
- Evening Activities – primarily Astronomy and Night Sensory



Other times:

While attending most classes is not mandatory, please know that this is also not a vacation for you. There are times that we need you specifically, and we ask that you not “disappear” in case there is an emergency or situation that we need you to take care of. Those times are:

- During breaks, rest time and free time.
- During any cabin time (showers and bedtime).
- To help with disciplinary issues.
- With any team that has a child with special needs.
- With specific classes that need extra adult help or supervision



Progressive Discipline Policy

For **minor violations** such as foul language or non-participation, we will verbally warn the student and take away the Universal Respect bead. If the behavior continues, we will call for a teacher and discuss options for consequences with you.

Medium violations include bullying, damaging property or stealing. We will immediately call for a teacher.

Major violations include physical aggression and will result in the student being sent home.

Discipline:

It's nice if you let us handle disciplinary issues as the kids tend to respect us a little more when it comes from us. That being said, you know your students better than we do and you also know what your standards are for your particular students (every school is slightly different). So we ask that you feel free to step in at any time – you will not be stepping on our toes in any way. Please know that the instructors will not typically ask you for help, so if you want to step in you will need to take the initiative to do so. Know that you are always welcome to step in and give us tips on how to handle a student or situation or to take care of it yourself. The instructors thank-you for helping them help your students to be successful.

We respectfully ask that you not:

- Swim without a TOS lifeguard present.
- Kayak without a TOS lifeguard present.
- Leave property en masse.

FREE TIME & SWIMMING

Free Time:

We do not monitor the students during free time (if they are swimming, we DO lifeguard), so we ask that you be diligent in making sure they are behaving appropriately. We tell the students that they must be within eyesight and earshot of a chaperone. There are many different activities that your students can enjoy:

- Basketball
- Volleyball
- Soccer
- Football
- Frisbee Golf
- Baseball
- Sit and read or visit
- Go for a walk

A few thoughts:

- We will rely on you to decide if students can be inside their cabins or not.
- We ask that no student be on the docks or near the water without a chaperone present. Kayaking & swimming are only allowed as scheduled activities, when a TOS lifeguard is present.
- Please stay out of areas marked "CFA Staff only".



Swimming:

If your school is swimming, this will take up the majority of your free time. If there are any students who have elected to not swim, we ask that you monitor those students.

We have a "green band" system that we will explain in more depth once you arrive. It is a visual cue for us on swimming ability.

Appropriate Swimwear:

We ask that all students and adults wear an one-piece bathing suit in the pool. If you have a student who doesn't have an appropriate suit, they may wear a t-shirt over their bathing suit.



NIGHT TIME

Quiet Hours:

We ask that you please make every effort to quiet your students down by “All Quiet”. Voices carry in the dark, and a loud cabin can be heard on the other side of camp. Please be respectful of your neighboring cabins. Some tips for getting students to bed:

- Bring a book from home and read to them (even older students like this one!)
- When the students are in bed and the lights are out, have each child say something that they learned that day. Or someone they were proud of. Or something that they can apply to their lives... no comments from other students or it can spiral into chaos. Just a quiet reflection time.



Also in the morning, if your students wake up very early, please encourage them to be respectful of others that may still be sleeping. You could:

- Take a morning nature hike away from the cabin area – look for animals that might be resting later on during the day (please be watchful of snakes, and stay out of “CFA Staff only” areas).
- Cabin calisthenics or runs.
- Cabin clean up.
- Read to them.
- Private religiously based schools – have an early morning devotional.

Raids:

Raiding cabins can often get out of control, so we ask that you not allow raiding



Furniture:

Due to fire codes, we ask that you do not move the beds or block the doors.

Ghost Stories:

Our instructors do not tell your children ghost stories. It seems like a great idea, but we’ve found that it quickly gets out of control. We want to be sensitive and respectful to those students (and adults!) with night fears, so ghost stories are not part of our program. We will also quash any stories that your students tell each other.

Bed Wetting:

If you do have a child who wets the bed, we are happy to help. Please bring any soiled clothing or bedding to breakfast, we will wash and dry it and bring it back to you by lunch. We are discreet about this, so that no child needs to feel ashamed. We tire them out during the day, so they sleep hard at night – wetting the bed is not uncommon.

Please do not bring us dirty clothes to wash... we are happy to assist with accidents or emergencies, but we are not a laundry service.

THE DINING HALL

We offer three meals a day, along with afternoon and evening snacks, so you will be well fed during your stay! In addition to the main course, there is a salad bar at lunch and dinner, and peanut butter (or a nut alternative) and jelly always available. We also have a 24hour coffee machine (adults only!).

Please help the students be on time for meals. We ask that everyone wait outside the dining hall until we open the doors (lunchtimes are usually a little different as students are often coming in from activities with their instructors). Each team should sit at their table, and wait for their turn to get drinks or go through the line for food. As our staff are busy serving and cleaning up (as well as eating), we ask that there is one chaperone sitting with each team to help with discipline and cleaning up. Thank-you for your assistance with this!

- Students may have one flavored drink from the machine at each meal, but should otherwise drink water from the pitcher on the table. At breakfast they may also have milk.
- Once everyone has got their food, we will ring the bell for seconds (only one dessert though!). Before going back through the line, leftovers should be emptied into the appropriate tray (more on that below!) and used plates should be taken to the dish return area.
- We will usually have an extra table set up for chaperones – that way if you have more adults than needed to sit with teams, you can take turns supervising the tables and have a “quiet” meal or two.
- Please watch for students going to the restroom during mealtimes. Restrooms tend to be an attractive place for students to congregate. Students should ask their table chaperone before going to the restroom.
- We generally try to keep the noise level in the cafeteria low. We have find this makes for a more pleasant eating atmosphere and gives a respite from all the activity of the day. However, this is not a “hard” rule and occasionally there may be other groups present who have different traditions. At these times, we may relax the rules a little.
- Students are asked to clean up their tables. All dishes, cups, pitchers, silverware, etc. should be taken to the dish return area. Tables should be wiped down and the floor swept. We appreciate your help in encouraging the students to do this in a timely manner.
- At the end of every meal, we will make announcements to the students on what is coming up next. We will also ask the Lead Teacher if they would like add anything.
- There will be a time scheduled before the first meal of your trip to go over our Meal Traditions with the students. We strongly encourage you be present during that time so you’re fully infomed.

You are welcome to go into the Dining Hall at any time and help yourself to coffee, tea or cold drinks! If you wish to stay and enjoy a little air conditioning, or use the wireless internet, please sit at the tables at the back of the cafeteria. Please take any dirty cups or mugs to the dish return area before you leave. Please note that this is an adult perk and doesn’t apply to students!

Least Waste:

We want kids to begin to think about their impact on the environment and how they can reduce that impact. One practical way that we do that here is by reducing the amount of food that is wasted in our Dining Hall.

The basic idea is this: After each meal, the amount of food that is left over is weighed. The goal is to reduce the total waste as a school by 25% from the first meal. Each person (student AND chaperone) contributes to the overall goal. If, at the end of the trip, the goal is achieved, everyone receives a Least Waste bead.

Things to consider:

- Encourage the students to finish eating what’s on their plates before they go back for more.
- Students shouldn’t eat off of each others’ plates to finish off leftovers, or eat so much they’ll be ill.
- Please DO allow students to use a napkin (they get one for free...extra ones count towards waste).
- We have 3 trays on the table – one is for compost; one is for their unweighed waste (first napkins, food containers, and bones, and one is for the leftovers that we WILL weigh. Please help the students figure out which should go in each tray. There is a sign on your table that will help!

NAMETAGS AND BEADS

Every student will receive a nametag during orientation. For our younger students, they will be wooden nametags. For our older students, we often find that they have reached an age where the wooden nametags have lost their “coolness factor”. They teen-age-edly refuse to wear them and it becomes a sad waste of materials. So we provide stick-on nametags for them until we know their names.

Wooden Nametags:

This is an important part of our program and we ask that students and chaperones wear their nametags practically everywhere. First, it helps us to learn names more quickly. And part of Universal Respect is using students’ names rather than “hey kid”. Second, we have a bead system here and they must have their nametags to have something to put the beads on.



We do ask that they are responsible with their nametags and we only give them one. If they lose it, they do not receive another one. If they choose to toss it around or play roughly with it and it breaks, they do not receive another one. It’s a small lesson in keeping track of, being responsible for, and respecting what they have been given. Obviously if it breaks randomly or their name is misspelled we will replace it.

Beads:

Each of our activities has a bead that corresponds to that activity. Students with a wooden nametag have the opportunity to earn beads during their trip. There are two very simple things that they must do to earn their bead:

1. They must have their nametag with them, and
2. They must participate positively in the activity.

During Orientation, we ask that all students agree to abide by Universal Respect. The first bead they will earn will be the Universal Respect bead; it is also the first bead that they can lose. We will take it if they behave poorly and they can earn it back if they behave well.

Chaperones:

We ask that you also wear a nametag and you are encouraged to earn beads right along with the kids. Know that the instructors are focused on the students and may legitimately forget to give you your bead! Feel free to stick your hand out to receive yours. We do ask that you actually attend the activity to earn your bead. The kids will call you out if you sneak in the last 5 minutes of a class and then take a bead!

FACILITIES

Cabins:

Our cabins are climate-controlled. The temperature may not be easily adjustable, so please let us know early in your stay if it needs to be warmer or cooler in your cabin.

Food and drink (except water) are not allowed in the cabins. If you have collected snacks from your students, you may give them to the DOD for safe-keeping until you leave.

Please help us keep camp clean by doing these few things before you leave. Thank you!

- Take all lost and found with you. Don't forget to check clothes lines, under beds and shower stalls.
- Leave any camp towels or sheets in the bathroom laundry basket. Please leave CLEAN bedcovers on the beds.
- Put any Camp For All/The Outdoor School property on the center table (cups, etc.). However, radios, gate openers and frisbee golf discs should be returned to the DOD.
- Sweep the cabin, including the sleeping area and bathroom/shower area.
- Dump all trash into the large bathroom trash can and tie shut. Put the tied trash bag outside, next to the sidewalk.

Bathrooms:

There are bathrooms with toilet and shower stalls in each cabin.

You will notice that there are curtains separating the stalls...not doors with locks. Here are some tips to ensure privacy during your stay:

- In most cases, we do not allow students back to the cabins during activities (except to get changed at the beginning or end of kayaking). Therefore, there will be the opportunity to have the bathroom to yourself at certain times each day.
- If, for some reason, a student needs to go back to their cabin during an activity, an adult should go with them and knock and call out before allowing the student to enter the cabin.
- The restrooms in the Dining Hall and the Pavilion have lockable doors on the stalls.

Maintenance:

We want you to enjoy your stay here, and so we want our facilities to work properly for you. If anything needs attention, please let us know!

Our maintenance team is generally here from 7am to 3pm. If there are items that need attention after they have left for the day, we will attempt to fix it, but it may be on their list for the next day. If it is truly an emergency, we will do whatever we can to make the situation better for you.



SAFETY AND SECURITY

Visitors:

We want to know who is on our property.

So if your principal is showing up for the day or you have a parent arriving to pick up a child early, we ask that they check in to the office first to receive a “guest” badge.

If the office is closed, please ask an instructor to let the DOD know that there is a guest on property. The lead teacher will need to make sure they have the gate code if they’re arriving after-hours.

Front Gate:

Our gate closes in the late afternoon and does not re-open until 7am. If you need to leave, you simply drive up to the gate and the sensors will open. We will give your Lead Teacher a gate code so collect that from them before you leave if you will need to get back in.

First Aid:

We do not have a nurse on staff so we recommend that your school nurse attend the trip. All of our instructors and Directors are certified in First Aid and CPR. We all carry first aid kits with us so that we can take care of whatever may arise out on the trails. In addition, there are First Aid supplies that you will have access to. Please note that everything we have is topical; we have nothing ingestible, so if you need Tylenol or Benadryl or Pepto Bismal and did not bring your own first aid kit, you will need to go to HEB or Wal-Mart to pick those items up.



We have a locked room (with refridgerators for medications) that will be available to the nurse or an assigned teacher. You may be sharing this space with other groups.

If a student is running a fever, we ask that they are sent home so the illness does not spread.

Emergency Facilities:

Because we do not have permission to transport students in our vehicles, it is imperative that schools bring a vehicle for that purpose. Our nearest medical facility is about 20 minutes away.

If you do need to transport a student, we ask two things:

1. Please let the Director on Duty know what is happening.
2. Make a copy of the medical form and take it with you. The hospital will not treat a child if the “permission to treat” section is not signed on that form. Please do not take the original form in case the hospital keeps it, take a copy.

SEVERE WEATHER

We have a weatherbug station and storm meter on property which is closely watched when storms move through. In the case of lightning, we will move inside and either adapt the class to the indoor setting or offer an alternative activity. The DOD will discuss options with the Lead Teacher.



In extreme weather (and depending on the time of day or night) we may send students back to their cabins under your supervision. We ask that you remain in your cabins until the danger has passed. Please know that during the storm the Director on Duty will be communicating with the Lead Teacher of your school rather than every single chaperone. Unless you hear from us or your Lead Teacher, stay where you are... we will let you know if the situation changes.

If it is early morning, or a time when you are supervising the students, please pay attention to the weather and if you hear thunder or see lightning, seek shelter. If severe weather comes and you are not near shelter, seek a low-lying area. Avoid large open spaces and lone trees. You should also avoid contact with electrical appliances in a lightning storm, as well as water (no showers!).

If a tornado watch is issued, we will most likely have the students head back to their cabin. If there is a tornado *warning*, everyone should move to shelter immediately. We will move to the closest, strong inner structure, away from possible blowing debris. If you are in or near a cabin, you should go to the center of the bathroom area. If time allows, grab mattresses and cover the group. If we are at the pool, we will move to the pool house. If you are in any other building, we will move away from glass. If you are in an open area, seek a low-lying area.



Fire:

All cabins are equipped with heat/smoke sensors and fire alarm pulls. If there is a fire in your cabin, pull the alarm and head to the Dining Hall.

The Dining Hall is the meeting area if there is a fire anywhere on camp. However, if the fire is in the Dining Hall area, the Pavilion becomes the gathering spot.

Students should line up in their teams. Chaperones should be accounted for by the Lead Teacher.

After Hour Emergencies:

We do have an emergency phone and someone on staff will have that phone each evening and night. We will share that number with the Lead Teacher, so if you need us for an emergency, s/he will be able to reach us. Please note this is for EMERGENCY USE ONLY.

ALL THE RANDOM BITS

Cell Phones:

AT&T works the best out here. All other providers are spotty.

During activities we ask that you either turn off your cell phone or turn it to vibrate. If you do need to make or receive a call, please walk away from the group of students to do so. We prefer the sound of nature to the sound of technology.



Wireless:

We have wireless in many areas throughout camp. We ask that you reserve wireless for work-related business rather than catching up on TV shows or surfing You Tube... always keep in mind that you are here as a chaperone and not on vacation.

T-shirts:

If students have purchased t-shirts we will typically hand them out on the last day so that the students go home with a new, clean t-shirt rather than one they've worn for 3 days. Moms kinda like that.

Last Reminders:

- Please let us know if something is broken so we can fix it before you need it.
- Please let us know if something happens to one of your students – if someone goes home early, if someone arrives late, or if someone is with a teacher during an activity instead of with their team.
- We will take a school picture on the last day.

THE OUTDOOR SCHOOL PACKING LIST

Please watch the weather reports as you are packing! It is often cooler out here than in the city.
Mark ALL of your belongings with your name.

Overnight Groups:

This list is based on a 2-night stay... if your school is staying for a longer or shorter period of time you will need to adjust this list accordingly.

Clothing: (Please bring older clothing that you don't mind getting dirty and pack according to the weather – this is a generic list, not weather specific).

- 1 set of Pajamas
- 2 pair of Shorts
- 1 pair of long pants (for protection & warmth)
- 1 long sleeve shirt (for protection & warmth)
- 3 short sleeve shirts (no tank tops please)
- Underwear
- Socks (make sure you bring 2 extra pair)
- 1 sweatshirt for cool nights
- 1 hat (protection from the sun)
- 2 pair of shoes (must be closed toe, laceable, and comfortable for walking)
- Rain gear (poncho or raincoat with hood -umbrellas are not recommended)
- 1 jacket (hat & gloves too if its cold)
- 1 one-piece swimsuit if your school is planning on swimming
(Check with your lead teacher)



Personal Hygiene:

- Soap
- Shampoo and Conditioner
- Comb and/or hairbrush
- Deodorant
- Toothpaste and toothbrush
- Towel and washcloth for bathing
- Shower shoes
- Towel for swimming if your school is planning on swimming (Check with your teacher)



Sleeping Equipment:

- Sleeping bag or bedroll made up of sheets and blanket.
- Pillow

Other Required Equipment:

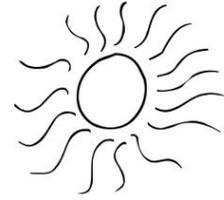
- Canteen or water bottle - you will be outside most of the day.
- Plastic bag for soiled or wet clothing or towels
- Sun screen
- Chapstick or lip balm with sunscreen
- Insect repellent

Optional Equipment:

- Camera
- Flashlight with batteries

Medication: Please check with your teachers on how they would like to handle medication

Day Groups:



- Water Bottle
- Closed Toe shoes
- Appropriate Dress for:
 - The weather.
 - Ropes Course/Climbing Wall. If you are doing either/both of these events, please wear clothing that will be easy to climb in and will be easy to put a climbing harness over.
 - Swimming, if your schools is planning on swimming or kayaking (check with your teacher)

Please leave at home:

- Money - We don't have a store (unless you're bringing money for a t-shirt)
- Radios, mp3 players, electronic games - We like to enjoy the sounds of the outdoors
- Knives and other weapons - None of our courses require them
- Purses or billfolds - Not very necessary since you don't have any money
- Jewelry - We'd hate for the squirrels to take them home
- Perfumes or colognes - We like the natural scent
- Snacks, gum, candy, chips, cookies, or other edibles - A surefire way to attract ants and other critters (Snacks will be provided)

**The Outdoor School will not be held responsible for the loss
or theft of any object that you may bring.**

Please mark all of your belongings with your name.

The Outdoor School Chaperone Medical Information and Release Forms

PART I - GENERAL INFORMATION:

Name of School _____ Dates of Trip _____
 Name of chaperone _____ Date of Birth _____
 Gender _____ Height _____ Weight _____
 Home Phone _____
 Home Address _____ Cell Phone _____
 City/State/Zip _____ Work Phone _____

In case of a personal emergency, please notify:
 Name _____ Primary Phone _____
 Relationship to participant _____ Secondary Phone _____

PART II - INSURANCE INFORMATION:

Information below is REQUIRED by our local hospital. Without this information, you may not be able to receive appropriate care in a timely manner.

I have health insurance
 Name of Insurance Carrier _____ Phone # of Carrier _____
 Address of Carrier _____
 Policy Holder's Name _____ Relationship to Participant _____
 Group ID # _____ Individual ID # _____

I do NOT have health insurance

Emergency Authorization: In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the Camp Director or School Teacher to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for the person named above. This form may be photocopied for use out of camp.

Signature _____ Date _____

PART III - HEALTH HISTORY:

Check the appropriate answer and explain any "yes" answers:	yes	no	date and explanation
Do you have asthma?	_____	_____	_____
Have you had or do you have any heart problems? (If yes, you MUST have a release from a physician in order to participate in the ropes course)	_____	_____	_____
Do you frequently suffer from pains in your chest?	_____	_____	_____
Do you often feel faint or have spells of severe dizziness?	_____	_____	_____
Do you have high or low blood pressure? (please specify which)	_____	_____	_____
Do you have any arthritis, joint or back problems that might be aggravated by exercise?	_____	_____	_____
Have you ever had any shoulder injuries?	_____	_____	_____
Have you had any major broken bones in the last 5 years? If so, which ones?	_____	_____	_____
Have you had any operations or serious injuries?	_____	_____	_____
Do you have any disabilities or chronic recurring illness?	_____	_____	_____
Female: If menstruating are you pregnant? If so, how many months?	_____	_____	_____
Have you had any head injuries?	_____	_____	_____
Do you have epilepsy or seizures?	_____	_____	_____
Do you have diabetes or hypoglycemia?	_____	_____	_____

Please list any medical conditions for which you are currently undergoing treatment. _____

Please list any medications that you are currently taking. _____

Allergies - list known allergies and describe reaction and treatment:

Medication Allergies _____

Food Allergies _____

Environmental Allergies (eg. airborne, stings or dander) _____

Please list any dietary restrictions (including vegetarian) _____

Are there any activities to be limited by a doctor's advice? Please list. _____

Is there anything else we should know about you in order for you to have the best possible experience at The Outdoor School?

PART IV - SWIMMING INFORMATION:

If your school is swimming while participating in The Outdoor School programs, please check your swimming ability:

- ___ non swimmer (cannot swim without the aid of a floatation device)
- ___ beginner (can dog paddle and stay afloat)
- ___ intermediate (can swim underwater and in deep water)
- ___ advanced (can perform various swimming strokes for an extended period of time)

PART V - SIGNATURE:

The information I have provided about my medical history is accurate to the best of my knowledge. I agree to accept responsibility for omissions regarding my failure to disclose any existing or past health conditions.

Signature

Printed Name

Date

CAMP CHAMPIONS
The Outdoor School at Camp For All

Visitor Agreement including assumption of risks, release and indemnity

To Visitors and their Families:

Please read this document carefully. It affects your rights in the event of an injury or other loss in connection with the activities of The Outdoor School at Camp For All. It must be signed by all adult (eighteen years and older) students and accompanying adults visiting The Outdoor School at Camp For All and by a parent or guardian of visitors who are minors or wards. Parents or guardians (together, "Parents") of minor visitors and wards sign to reflect their agreement for themselves and, to the extent allowed by law, for their minor child or ward, if any, to all the terms of this document.

In consideration of the opportunity to participate in the activities of The Outdoor School at Camp For All and have access to its grounds, buildings, facilities, equipment, services and/or activities, I, the undersigned adult visitor and/or parent or guardian of a visitor who is a minor or ward hereby acknowledge and agree as follows:

Activities and Risks:

Visitors will be involved in a variety of activities, including, but not limited to, swimming, boating, hiking, horseback riding, a climbing wall and a high ropes course. The environment of Camp For All, including its rugged terrain, lake and natural and man-made structures can cause harm. In addition, the activities of The Outdoor School may present certain additional hazards and risks, including vehicle travel over the camp premises, the use of certain camp facilities and equipment and the services of Camp Champions staff, all of which include the possibility of harm or loss to a visitor.

For visitors who may be engaged in equine or other farm animal activities, Camp Champions is obligated by Texas Law to provide the following: "WARNING: Under Texas Law (Chapter 87, Texas Civil Practice and Remedies Code) a farm animal professional is not liable for an injury to or death of a participant in farm animal activities resulting from the inherent risks of farm animal activities."

The risks of a visit to Camp For All, whatever the activities, and whether or not supervised, can cause loss or damage to property, personal injury and, in extraordinary cases, even death. Certain of these risks are inherent in a visit to Camp For All and participation in the activities of The Outdoor School, and without them the visit and participation would lose their appeal, value and purpose'

Assumption of Risks, Release and Indemnity:

For myself and, if I have a minor child or ward who is a visitor, on behalf of that minor or ward, I agree as follows:

1) I acknowledge and assume all risks of my, or the minor's, visit to the Outdoor School at Camp For All, whatever the nature of those risks may be, inherent or not and whether or not described above. If my minor child or ward is a visitor, I have discussed the risks with him or her, and he or she understands and accepts them.

2) I release and agree to indemnify (that is, to defend and protect, including by paying liabilities, costs and attorneys fees) and agree not to sue Camp Champions and Camp For All Foundation, and their respective owners, officers, trustees, directors and staff and contractors ("Released Parties") with respect to any claim which I or my minor child or ward may have for injury, death or other loss incurred during or in any way related to my or the minor's visit to Camp For All. This agreement of indemnity includes, among others, claims of a member of my or the minor's family, another visitor or any other person, for any injury, death or other loss incurred by or caused by me or the minor, related in any way to my or the minor's visit to Camp For All..

This acknowledgment and assumption of risks and agreements of release and indemnity include losses and claims arising in whole or part from the negligence, but not the gross negligence or intentionally wrongful conduct, of a Released Party.

Other:

I sign this agreement for myself and, to the maximum extent allowed by law, on behalf of any minor child or ward of mine who is a visitor.

Any dispute which I or the minor or ward may have with Camp Champions, Camp For All or another Released Party will be submitted to mediation if not otherwise resolved. Any mediation or suit shall occur exclusively in Burnet County, Texas, and be governed by the substantive laws (but not the laws which might apply those of another jurisdiction) of the State of Texas. If any part of this Agreement is deemed unenforceable by a Court of proper jurisdiction, the remainder of the agreement shall remain in force and effect.

Camp Champions and Camp For All are hereby authorized to use, without compensation, photographic, including video, images of me, or the child or ward, for promotional or other purposes, and Camp Champions and Camp For All shall have all rights and title to such material.

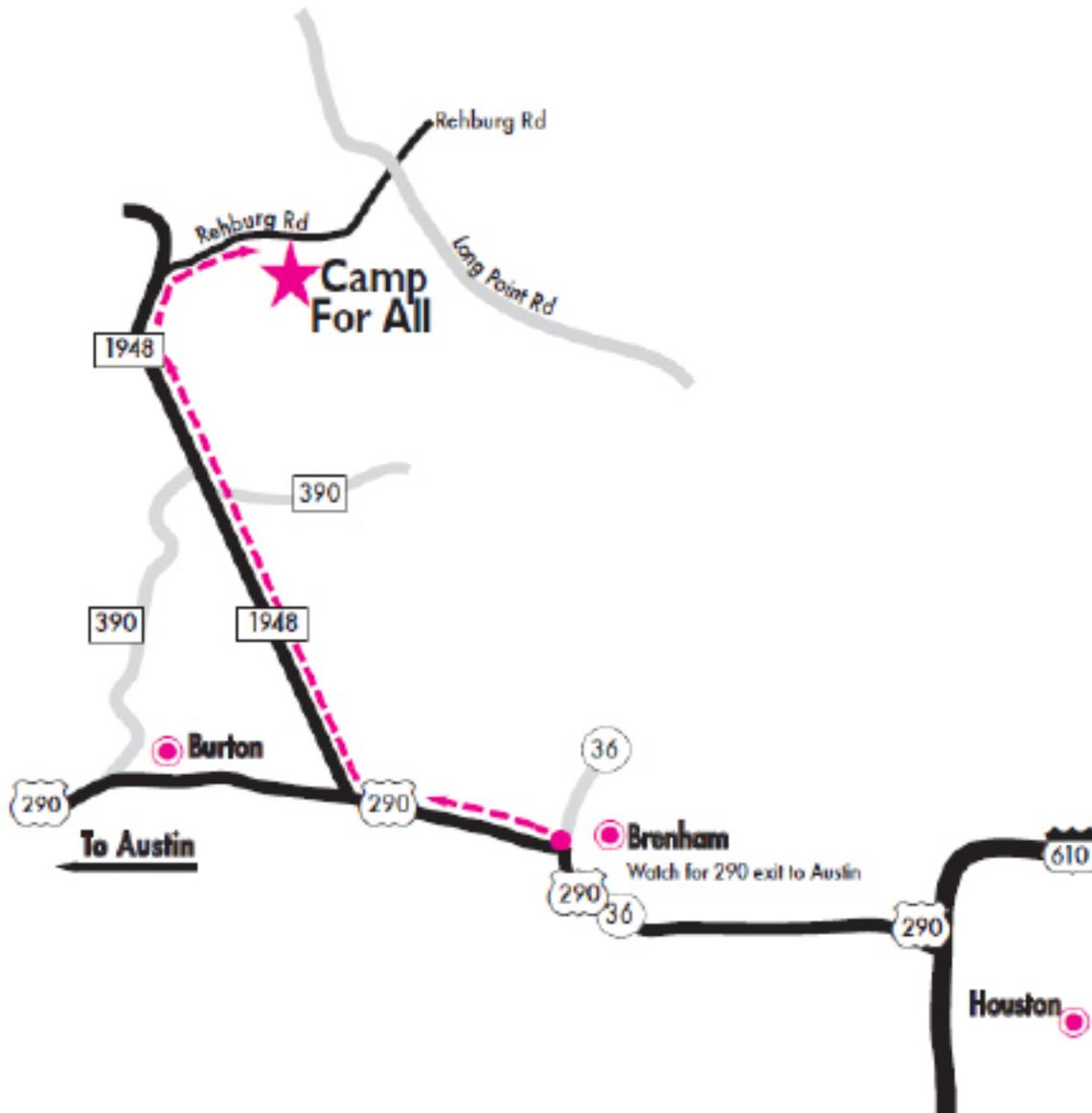
Name (Please Print)

Signature

Date

Map and Directions:

The Outdoor School at Camp For All,
6301 Rehburg Rd., Burton, TX 77835.



From Houston:

Total miles: 85; Approximate drive time: 1 hour 45 minutes.

Take Highway 290 West through Brenham and follow the signs for 290 to Austin. You will need to watch for the 290 Austin Loop, which exits to the right and goes around a circle, which will send you over the road you had been on. If you miss that turn and continue going straight, the road turns into Hwy. 36 and you will end up in Somerville. After the circle you will travel approximately 8 miles to FM 1948. The Nueces Canyon Equestrian Center will be on the left on 290 just before FM 1948. If you make it to Burton, you have missed your turn. Turn right at FM 1948 and continue on FM 1948 approximately 2 miles, to the first stop sign, which is Hwy 390. Veer left at the Y-intersection and continue on FM 1948 toward Lake Somerville. In less than a half mile you will come to another Y intersection where you will veer back to the right to remain on FM 1948. Continue around on FM 1948 about 2 more miles to Rehburg Rd. Turn right and proceed 8/10 mile on this paved road. The entrance gate for Camp For All will be on your right. Signs are posted to assist you once you turn onto FM 1948.

From Austin:

Total miles: 85; Approximate drive time: 1 hour 45 minutes

Take Hwy 290 East from Austin through Burton and turn left on FM 1948 (approximately 3-4 miles past Burton). If you go past the Nueces Canyon Equestrian Center, on your right you have missed the turn. Continue on FM 1948 approximately 2 miles, to the first stop sign, which is Hwy 390. Veer left at the Y-intersection and continue on FM 1948 toward Lake Somerville. In less than a half mile you will come to another Y-intersection where you will veer back to the right to remain on FM 1948. Continue around on FM 1948 about 2 more miles to Rehburg Rd. Turn right and proceed 8/10 mile on this paved road. The entrance gate for Camp For All will be on your right. Signs are posted to assist you once you turn onto FM 1948.

From College Station:

Total miles: 45; Approximate drive time: 1 hour

From College Station take University Drive west to Highway 60. Stay on Hwy. 60, through Snook to the T-intersection at Hwy 36 at Lyons. Turn left at the intersection and you will be on Hwy 36 to Somerville. Go through Somerville and stay on Hwy 36 for several miles until you come to the flashing light at Highway 1948. Turn right on FM 1948 and go over the railroad tracks. You will travel several miles-DO NOT Turn onto Rehburg Rd. from this road, but continue until you come to a "Stop Sign" –"T-Intersection"-FM 547 right and FM 1948 left, turn left to continue on FM 1948. The next road to your left will be Rehburg Rd. Turn left and proceed 8/10 mile on the paved road. The entrance gate for Camp For All will be on your right.

From Dallas:

Total miles: 195; Approximate drive time: 3 hours

Take Interstate 35 to Waco and from Waco, take Highway 77 through Robinson and Rosebud to Cameron. From Cameron, turn left on Highway 36 through Caldwell and Somerville. Go through Somerville and stay on Hwy 36 for several miles until you come to the flashing light at Highway 1948. Turn right on FM 1948 and go over the railroad tracks. You will travel several miles-DO NOT Turn onto Rehburg Rd. from this road, but continue until you come to a "Stop Sign" –"T-Intersection"-FM 547 right and FM 1948 left, turn left to continue on FM 1948. The next road to your left will be Rehburg Rd. Turn left and proceed 8/10 mile on the paved road. The entrance gate for Camp For All will be on your right.

From San Antonio:

Total Miles: 150; Approximate drive time: 2 hours and 30 minutes From San Antonio, take Interstate 35 to San Marcos. Turn right on Highway 21 toward Bastrop. When you reach 290 turn right to take Hwy 290 East through Burton and turn left on FM 1948 (approximately 3-4 miles past Burton). If you go past the Nueces Canyon Equestrian Center, on your right you have missed the turn. Continue on FM 1948 approximately 2 miles, to the first stop sign, which is Hwy 390. Veer left at the Y-intersection and continue on FM 1948 toward Lake Somerville. In less than a half mile you will come to another Y-intersection where you will veer back to the right to remain on FM 1948. Continue around on FM 1948 about 2 more miles to Rehburg Rd. Turn right and proceed 8/10 mile on this paved road. The entrance gate for Camp For All will be on your right. Signs are posted to assist you once you turn onto FM 1948.

