

**CORSICANA HIGH SCHOOL
ATHLETIC TRAINING ROOM
RULES AND REGULATIONS**

Athletic Training Room Hours of Operation

6:30 AM – 9:00 AM and during lunch periods Monday- Friday

ANY student athlete that sees ANY physician for ANY reason (injury or illness) MUST have a note from THAT physician BEFORE being able to resume participation- NO EXPECTATIONS!

- If you are unable to participate in workout due to injury/illness or if you are injured during practice – YOU must be evaluated by a Staff Athletic Trainer
- **NO** food or drink will be allowed in the Athletic Training Room
- **NO** shoes/cleats in the Athletic Training Room
- **NO** profanity
- **NO** horseplay or loitering
- **NO** materials will be removed from the training room without permission of the Athletic Trainer
- **NO** cellphones during treatments
- Let Coaches know **before** you enter athletic training room for treatment and taping.
- Be sure to get to the training room for treatment and taping well before game time, practice, or class **DO NOT USE US AS AN EXCUSE.**
- Please shower and wear **appropriate** clothing when receiving treatment or entering the Athletic Training room.
- All student athletes will be treated equally. However, in-Season athletes will receive priority over out-of-season athletes.

Athletic Period

All athletes, injured or not, are expected to participate in some form or fashion.

Inhalers

If a physician requests that the student athlete carry an inhaler, please provide a letter from the physician with complete instructions for inhaler use and permission for the student to carry the inhaler. It is **STRONGLY** recommended that a spare inhaler with the athletes name on it be kept in the Athletic Training Room in case the student-athlete is unable to locate their personal inhaler.

Insurance

Corsicana ISD provides accidental/injury coverage for students who participate in UIL sanctioned activities in grades 7-12. The parent/guardian's insurance policy is **ALWAYS** the primary carrier, with the Corsicana ISD insurance coverage as a secondary carrier. However, if you do not have insurance CISD will become primary. There is a deductible and this policy pays per a schedule of benefits – covering injury, not illness. It is the responsibility of the parent/guardian to file any and all insurance claims within 180 days of injury.