



SHAC Minutes

10-11-2017

When health is absent, wisdom cannot reveal itself, art cannot manifest, strength cannot fight, wealth becomes useless, and intelligence cannot be applied." Herophilus

Lunch

Meeting called to order by Carla Whitt, RN, Health Coordinator

Introductions of members

Role of SHAC-Make recommendations to School Board re: health and wellness of CISD students and faculty.

Whole School, Whole Community, Whole Child Model-Review model at bottom of page. Student is the center of decisions that are made

Wellness Plan-TASB will update CISD wellness policy on the next update to Board Policy. TASB would like for each goal of the wellness policy to have goals and measureable outcomes. Reviewed Proposed Wellness Policy. 3 goals of the policy are Nutrition Promotion, Nutrition Education and Physical Activity. We began discussion on Nutrition Promotion. Sherrill Jessie, Child Nutrition Director and Rebecca Lossier, Assistant at Child Nutrition informed SHAC of breakfast in the classroom. Every child in CISD is eligible for free breakfast. Nutrition promotion occurs on monthly menus, posters of "My Plate", in the cafeteria, indicating the 5 items (grain, meat, fruit, vegetable, milk) offered at each meal. They also informed SHAC of how a student receives free and reduced lunch. Goals for next meeting: Child Nutrition will present to next meeting: 1. Percentage of students eating breakfast on each campus 2. Balance due to the district from student's owing money because of application for free and reduce lunch not filled out properly or on time.

Meetings December 13, February 7, April 11



*Formerly known as the Association for Supervision and Curriculum Development

